SCE Running Club Rules

- 1. Stewarts Creek Elementary Running Club practices every Tuesday and Thursday on full school days. (There are no practices on abbreviated or half days) Practice begins at 2:30pm and ends promptly at 4:00pm.
- 2. Our season this semester will begin on September 20th, and last until December 15th. The full practice schedule is posted on the web page.
- 3. Practices end at 4:00pm; students must be picked up no later than 4:10pm. Failure to pick up your child by 4:10pm on three occasions will result in him/her being dropped from the team.
- 4. Club members must participate in practices or they will be dropped. A maximum of eleven absences per school year will be allowed. Students who exceed eleven absences will be dropped.
- 5. This is a **RUNNING** club. All students must wear tennis shoes in order to participate. All students in grades 3-5 are welcome to participate, but must follow the workouts to the best of their ability.
- 6. As this is a voluntary activity for both sponsors and students, misbehaviors will NOT be tolerated. Students disrupting, not following directions, (including wearing tennis shoes), and/or disrespecting others will be dropped after three documented incidents. Parents/Guardians will be made aware of each incident as they occur. Single incidents that involve safety may be dropped immediately from the club.
- 7. At Stewarts Creek Elementary, scholarship and character are always a priority. Club members must maintain a "C" average and have fewer than three office discipline referrals per year. Failure to meet either of these requirements will result in dismissal from the team.
- 8. If a student chooses to quit the team we require an email to remove them from our roster. Students who leave the team will not be allowed to participate in any further team activities. Students who quit the team and fail to notify by email will not be allowed to participate in the future.
- 9. Students are not required to participate in 5k races, but are encouraged. If your child participates in 5k races, it is the parent or guardian's responsibility to stay at the race site with your child at all times. All race costs are the responsibility of the parent/guardian. Friends and family are welcome to run with us. Club selected races are listed on the team web page. http://scerunning.weebly.com/

Parent/ Guardian Signature and Date	Student Signature and Date